

Application for Day-care Admission 2011

Parents who wish to enroll their children for day-care or change to a different day-care center from **April 2011** onwards can apply according to the following schedule.

Eligibility: Children living in Tsukuba, who cannot be taken care of during daytime, and are suitable for group care (reasons such as to let the child experience group living and be prepared for elementary school entry are not accepted). Application for unborn child with expected date of birth before end of January 2011, and is to be registered as Tsukuba resident can be accepted during the 1st application period below.

Date	Area	Place and Time
Nov 29 th (Mon)	Kukizaki	Disaster Prevention Meeting Room 3
Nov 30 th (Tue), Dec 1 st (Wed)	Yatabe	(City Hall 2F)
Dec 2 nd (Thur), 3 rd (Fri)	Sakura	9:00~11:30
Dec 5 th (Sun)	All	13:00~16:00
Dec 6 th (Mon)	Oho	Back-up Days:
Dec 7 th (Tue)	Toyosato	Dec 9,10
Dec 8 th (Wed)	Tsukuba	

*Area refers to current area of residence. If you cannot come on the day reserved for your region, please come on any other day listed above. Applicants of the 1st application period will be screened and selected after the due date before the 2nd application period begins.

Things to bring for application (Please refer to the Day Care Center Enrollment Guide for more details):

- Day Care Center Application Form
- Mother and Child Health Handbook
- Any documents, such as certificate of employment or enrollment in school proving that the parents cannot provide care during the day.
- For residents who moved in after January 2nd 2010: Proof of taxation issued by the city hall of the previous place of residence.
- For foreigners: Copy of Alien registration for all family members, Work permit (only for persons with dependent or student visa applying for day care due to employment)
- For application due to another childbirth: Copy of the Mother and Child Health Handbook with the expected date of birth.

Please note:

- Application forms are available at Children's Services Division, each general service counters, Yoshinuma Community Center and respective day care centers.
- Incomplete applications will not be accepted.
- For children currently enrolled in day care centers, one must apply again if change of day care center is required.
- In 2011, an application becomes unfavorable if there are remaining unpaid day care fee, in order to be fair with other households. So please contact the Children Services Division before applying if you have unpaid charges
- Applications which cannot be satisfied at present due to lack of vacancies will be reviewed every month until March 2012.
- For enrollment after May, application must be submitted by the 10th of the month previous to the desired month of enrollment. They will be reviewed along with the waitlist.

Contact: Tsukuba City Hall, Children Services Division.

***Please refer to page 2 for the lists of Public Daycare Center and Approved Private Daycare Center.**

Health Check-up for Elementary School Enrollment To Parents Whose Children Will Enter School in 2011

Health Check-up for children who will enter elementary school by April 2011 has started. To receive the check-up, please go to the designated schools and bring along the health check-up notice which was sent to eligible children in end of September.

*For citizens who have moved in to Tsukuba after Sept 2nd, please contact the Health Education Division.

Eligibility: children born between April 2nd 2004 and April 1st 2005.

Contact: Tsukuba City Hall Health Education Division

***Please refer to page 2 for the Health Check-up Schedule**

Public Kindergarten Admission 2011

Eligibility:

- Child age 4 (born between April 2nd 2006 and April 1st 2007)
- Child age 5 (born between April 2nd 2005 and April 1st 2006)
- Holds an address in Tsukuba.

Monthly Fees: 6000yen *and additional fees for meals

Application date/time: Oct 25th – 29th (Mon – Fri); 9:00 – 16:30

How to apply: There will be a simple interview at the respective kindergarten. Please attend with your child and your seal. Foreign residents should bring along Alien Registration Certificate.

*The application form will be distributed at the respective kindergartens. If you want to apply for a kindergarten not in your resident area, Please contact the kindergarten directly.

*From 2011 onwards the location of Yatabe Kindergarten will be changed to inside of Yatabe Minami Elem. Sch. [Sakaida 191-1].

Contact: Respective Kindergarten or Tsukuba City hall, School Affairs Division, ☎ 029-883-1111

Name of Kindergarten	Tel. Number	Vacancy		People from these Elementary school district can apply
		Age 4	Age 5	
Oho	029(864)0175	60	26	Ozone, Maeno, Kaname
Kamigo	029(847)2925	60	32	Numazaki, Imagashima, Kamigo, Yoshinuma
Yatabe	029(836)1728	60	19	Yatabe, Yatabe Minami, Yanagibashi
shimana	029(847)7719	60	10	Shimana, Mase
Teshirogi Minami	029(852)0671	90	66	Teshirogi Minami
Ninomiya	029(855)7748	90	54	Ninomiya, Onogawa
Higashi	029(851)4721	60	35	Higashi
Matsushiro	029(851)4771	60	39	Matsushiro, Katsuragi
Sakura	029(857)2240	90	72	Sakae, Kokonoe, Kurihara
Takezono Higashi	029(851)3462	90	87	Takezono Higashi
Takezono Nishi	029(852)1566	60	36	Takezono Nishi
Namiki	029(851)5338	90	70	Namiki
Azuma	029(851)7663	90	51	Azuma
Onan	029(851)7664	90	74	Onan
Tsukuba	029(867)1552	60	46	All school district in Tsukuba
Takasaki	029(873)0337	90	67	Kukizaki 1 st Ward
Iwasaki	029(876)2460	90	78	Kukizaki 2 nd and 3 rd Ward

Child Rearing Allowance for Single-Father Families From August 1st

Eligibility: Single parent or guardian who is taking care of a child of age 18 or under. If the child is age 18 (mentally and/or physically disable child, age 20) allowance ends on the following March 31. However, subscriber of public pension plans (Old-age Pension, Disablement Pension, Bereaved Family Annuity) other than the senior welfare pension plan is ineligible to apply.

Income Restrictions: If the income of the parent or guardian exceeds the limit, restriction may apply to part of or the allowance itself.

Amount of the allowance: For full amount, 41720yen for 1 child, an extra 5000yen for the 2nd child, and 3000yen will be added for 3rd child and more respectively. Partial amount will be given according to the income.

Application Procedure: Documents required for the application differs for each recipients. Please contact Children's Services Division for details.

Application Due date: November 30th (Tuesday)

Allowance up until July 31st will be provided from August onwards.

*Allowance for August until November will be provided in December

*Note that there will be no allowance without an application

Contact: Tsukuba City Hall, Children's Services Division.

English Bulletin
October 2010



TSUKUBA CITY HALL
International Affairs
Division

Address: 〒305-8555 Karima 2530-2, Tsukuba City (Kenkyugakuen D32-2) ☎ Tel: 029-883-1111 ✉ Email: ctz031@info.tsukuba.ibaraki.jp

HP: http://www.city.tsukuba.ibaraki.jp/ ✉ Editors: Prakash Ronit, Yeow Li Sa

Tsukuba Health Mileage Starts Now! Clear 4 Goals to Get Good Health & Prizes!

What is Tsukuba Health Mileage?

Tsukuba Health Mileage is a project encouraging citizens to strive for better health proactively. It is hoped that through this project, increase of health check-up rate, early detection of illness, prevention of lifestyle disease and care needs can be achieved. By accomplishing the following 4 goals, citizens will receive memento gifts for the achievement.

1. Receive Health Check-up:
Basic Check-up (for age 39 and below) or Special Health Check-up
2. Receive one or more Medical Check-up for cancer:
Breast cancer, Uterine cancer, stomach cancer and others
3. Participate in health related events organized by Tsukuba City
4. Set Personal Health Goal and engage in it for more than 3 months

*Health Checkup in clinics and workplace/school applies for goal 1 & 2

Apply and Get Luxurious Prizes for Your Goal Achievements!

By achieving all 4 goals, you can exchange your mileage card for achievement prizes (Wellness Park entrance ticket, luminous wristband, "Tsukutsuku" hand towel and others to choose from) and get luxurious prizes in a lottery! To encourage prevention of lifestyle diseases from early age, participants between age 20 and 30 will get higher chance in the lottery.

Who can apply: adults age 20 and above who live in Tsukuba City and achieved the 4 goals. Currently, men under age 39 have less opportunity to receive medical check-up for cancer; so it is sufficient to achieve the 3 other goals only.

Mileage Card Distribution: Tsukuba City Hall Health Division, Health Centers, Iki Iki Plaza Senior's Health Plaza

Mileage Card Collection: Submit to collection box available in the card distribution venues, or mail to Health Division by Feb 15.

Application Period: Jan 5th – Feb 15th, 2011. (1 entry per person)

***Examples of Personal Health Goals:** Eat breakfast every day, chew thoroughly, take a stroll every day, continuous participation in sports club activities or stop smoking and others. (Achieving the goal approximately will be sufficient.)

***Examples of health related events by Tsukuba City:** Public lectures, courses (healthy cooking classroom, aerobics, walking course, stretching exercise, swimming course, citizen sports tournaments and others) organized by Sports Division, Health Division, Community Development Division (Working Women's Home) and Lifelong Learning Division (Community Centers and Fureai Plaza). *Please check the homepage or leaflets for more details.

Contact: Tsukuba City Hall, Health Division. ☎ 029-883-1111

Have You Filled in the Population Census Survey Form?

Please Submit Soon!

The survey form can be submitted to the Census Takers or posted to the City Hall. Please be aware of phone calls and mails from solicitors pretending to be Census Takers. The Census will not be conducted via email or request any payment.

Please make inquiry if you did not receive the survey forms.

Contact: Tsukuba City Hall, Planning and Management Division

Deadline for Municipal Tax payment is November 1st (Monday)

*Payable at banks, post offices or convenient stores.

Municipal and Prefectural Tax (3rd phase)

Contact: Tsukuba City Hall, Tax Collection Division/ Municipal Tax Division

National Health Insurance Tax (4th phase)

Contact: Tsukuba City Hall, Health Insurance & Pension Division

Subsidy for Purchase of 3-seat-bicycle (For 1 Adult & 2 Children)

Eligibility: Household in Tsukuba with two children (or more) below age 6 and does not have unpaid municipal tax and daycare charges.

Amount of Subsidy: 1/2 of the total amount of purchase (rounds off fraction less than 100yen), with the maximum amount of 40,000yen.

Apply & Contact: Childcare Support Services Office

Goal 1	Health Check-up
Date received	Year Month Day
Type of Checkup	Special • Basic *circle the type received
Goal 2	Medical Check-up for Cancer
Date received	Year Month Day
Type of checkup	Fill in the type of checkup received.
Goal 3	Join Health Related Events
Participation Date	Year Month Day
Event participated	
Goal 4	Set Personal Health Goals
Health Goals	e.g. Eat breakfast everyday
Achievement Status	e.g. Achieve it almost everyday

Goal Achievements are recorded in a mileage card as above.

Let's Participate in Tsukuba Environmental Style Trial

(Ministry of Internal Affairs and Communications: Promotion of Decentralization Reform of Greens Project, "Tsukuba Eco-point Investigation")

Tsukuba Environmental Style has been proposed and a slogan "per-capita 50% reduction of CO2 emission in Tsukuba by 2030" is put up as well. Tsukuba Environment Style Trial is a social experiment to investigate what each citizen do to reduce CO2 emission while being conscious of the environment conditions and knowing points will be given by Tsukuba City for the "Eco-Action".

Point Receiving Period: Oct 9th (Sat) – Dec 28th (Tues), [75 days period]

Point Exchange Period: Jan 5th (Weds) to 15th (Fri), 2011.

How To Participate?

Step 1 – Getting the participation sheet

Download The "Tsukuba Environmental Style Trial" sheet from the homepage or obtain at the information corner, city hall 1F, General Service Counters or Community Centers during the following events. Description of "Eco-Action" is written on the participation sheet.

Oct 9th–10th : Tsukuba Industrial and Agricultural Fair

(Tsukuba Capiro)

Oct 17th :Tsukuba Commerce and Industry Festival

(Civic Hall Tsukubane)

Oct 30th–31st :Tsukuba Environment and Science Festival

(Tsukuba Capiro)

Nov 6th : Sunflower Festival (Kukizaki Community Center)

Step 2 – Take "Eco-Action"

- *Eco-Commuting:* Go to work by environment friendly transportation
- *Eco-Driving:* learn & implement driving skills to prevent air pollution, reduce fuel consumption.
- *Household effort:* used cooking oil disposal, environmental housekeeping book
- *Join Environmental Education Program* in research institutes and city hall & *Environment Protection Activities* by NPO.
- Stop by the Tsukuba Environmental Style Corner for Eco-Quiz.
- Organize Tsukuba Environmental Style Learning Classroom to spread the project.
- Become a member of car-sharing and participate in experiments of car sharing

Step 3 – Points Collection and Exchange Gifts

To Collect Points:

Record the contents of the "Eco-Action" you have carried out on the appointed sheet. Please get a certificate of participation after joining the "Eco Action". Then the points will be accumulated base on the record and certificate.

To Exchange Points for Eco-goods:

Bring the accumulated points to **Chuo Park Rest House**

*There will be a cutting-edge clean energy exhibition and visitors will be given bonus points.

Let's aim for minus 50% of CO2 emission by 2030!

Contact: Tsukuba City Hall, Green City Promotion Office

*Lists Continued from Page 4

Public Daycare Center

Daycare Centers	Location	Vacancy	Age
Oho	Ozone3410	120	6 months to 5 years
Kamigo	Kamigo2499	90	1-5 years
Imagashima	Imagashima5087	90	1-5 years
Kamiyokoba	Kamiyokoba1228	135	6 months to 5 years
Mase	Mase582	90	1-5 years
Inaoka	Inaoka195	60	1-5 years
Teshirogi Minami	Matsushiro4-15-1	120	6 months to 5 years
Ninomiya	Ninomiya4-9-1	120	Newborn to 5 years
Matsushiro	Matsushiro2-21-3	135	Newborn to 5 years
Uenomuro	Uenomuro2482	60	1-5 years
Kamizakai	Kamizakai309-2	60	1-5 years
Kamihirooka	Kamihirooka113-1	70	Newborn to 5 years
Takezono	Takezono3-18-1	110	6 months to 5 years
Namiki	Namiki4-2-3	110	6 months to 5 years
Azuma	Azuma2-5-4	110	6 months to 5 years
Onan	Namiki4-7-2	120	Newborn to 5 years
Hojiyo	Hojiyo408	90	1-5 years
Oda	Oda2413	60	1-5 years
Numata	Numata39-3	100	6 months to 5 years
Sakuoka	Tsukuriya1737-1	90	6 months to 5 years
Takamihara	Takamihara3-7-11	60	6 months to 5 years
Shiroyama	Takasaki667	60	1-5 years
Iwasaki	Shimoiwasaki2105	60	1-5 years

Approved Private Daycare Center

Daycare Centers	Location	Vacancy	Age
Yoshinuma	Yoshinuma 1110-1	180	Newborn to 5 years
Katsuragi	Nishi Onuma 457-2	180	
Wakaba	Yatabe 2061	90	
Wakaba – Branch	Midorino A75 gaiku 3	30*	Newborn to 2 years*
Shimana Suginoko	Shimokawarazaki4-208	120	Newborn to 5 years
Himawari	Kamikayamaru 55-1	60	
Matsubokkuri	Sasagi 2012-668	90	
Tanaka	Mimori 554-1	150	
Kokonoe	Uenomuro 2113-2	60	
Cares	Kaname Motonakane178	150	
Flower Child	Hanabatake 1-9-2	60	
Sakura Gakuen	Ueno 1302	180	
Kaname	Kaname 174	150*	
Higashi Hiratsuka	Higashi Hiratsuka 661-1	90	
Katsuragi 2 nd	Karima 643-1	60	
Aoioka	Onozaki 594-1	120	
Iris *	Kamiyokoba 354-10	100	

*From April 2011 onwards: Iris center opening, vacancy of Wakaba Branch increases from 15 to 30, Kaname from 90 to 150, and child age limit for Wakaba Branch changes from 1 year to 2 years.

Medical Check-up for Babies

Irrespective of residential area babies can receive the check-ups at Sakura Health Center or Yatabe Health Center. A notification is sent in the month prior to the check-up date. Contact the health center respectively or Tsukuba City Hall, Health Division for more information.

Reception time: 12:45 ~ 13:30; Check-up: 13:00 ~

Contact: Sakura Health Center [TEL] 029-857-3931, Yatabe Health Center [TEL] 029-838-1100

Check-up for 18 months Babies Born in:

March 2009 : Sakura H.C., Oct 20.

April 2009: Sakura H.C, Nov 10,17; Yatabe H.C., Nov 24.

Check-up for Age 3 Babies Born in:

September 2007: Sakura H.C., Oct 19th

October 2007: Sakura H.C., Nov 16,18; Yatabe H.C., Nov 25.

Preventative Vaccination for Infants

Polio Vaccination

Time: 13:00 ~ (reception time: 13:00 ~ 14:20)

*No reservation required, vaccination given in order of reception.

Eligibility: Child between 3 months ~ 90 months *For children over 1 who are yet to get measles and rubella vaccinations should get it first.

Things to bring: Mother and Child Health Handbook, Polio Vaccination ticket Date: Yatabe H.C.: Oct 15, Nov 15. Sakura H.C.: Oct 25, Nov 9,26. Oho H.C: Nov 1.

Measles and Rubella Vaccination

For phase 2 ~ 4, the vaccination period is until March 31st 2011. For Details, please refer the personal notification or 'Life Plan Sukoyaka'.

Phase	For babies born in /Age
1	Over age 1 below age 2
2	April 2 2004–April 1 2005
3	April 2 1997–April 1 1998
4	April 2 1992–April 1 1993



Health Check-up Schedule Elementary School Enrollment

Region	Elementary School	Date	Time
Oho	Ozone	Nov 15 (Mon)	12:30~13:10
	Maeno	Nov 5 (Fri)	12:50~13:15
	Kaname	Nov 10(Wed)	13:00~13:20
Yatabe	Yoshinuma	Nov 11 (Thur)	14:00~14:20
	Yatabe	Oct 28 (Thur)	12:30~13:00
	Yatabe Minami	Oct 15 (Fri)	13:30~13:50
	Mase	Nov 12 (Fri)	13:20~13:35
	Shimana	Nov 16 (Tue)	13:20~13:30
	Katsuragi	Oct 26 (Tue)	13:00~13:20
	Yagihashi	Nov 4 (Thur)	13:30~13:50
	Onogawa	Oct 27 (Wed)	12:40~13:00
	Teshirogi minami	Nov 11 (Thur)	12:50~13:20
	Ninomiya	Oct 13 (Wed)	13:00~13:15
	Matsushiro	Oct 27 (Wed)	13:20~13:40
Toyosato	Higashi	Nov 10 (Wed)	13:00~13:30
	Numazaki	Oct 26 (Tue)	13:10~13:30
	Imagashima	Oct 29 (Fri)	13:30~13:45
Sakura	Kamigo	Oct 27 (Wed)	13:00~13:15
	Sakae	Nov 18 (Thur)	13:00~13:20
	Kokonoe	Nov 17 (Wed)	14:50~15:00
	Onan	Nov 12 (Fri)	13:00~13:15
	Kurihara	Oct 14 (Thur)	13:45~14:00
	Takezono Higashi	Nov 11 (Thur)	12:30~13:00
	Namiki	Nov 2 (Tue)	13:20~13:50
	Azuma	Nov 12 (Fri)	12:50~13:20
	Takezono Nishi	Nov 4 (Thur)	13:25~13:45
	Tsukuba	Tamiyama	Nov 17 (Wed)
Tsukuba		Nov 18 (Thur)	13:40~13:50
Tai		Oct 26 (Tue)	14:00~14:15
Hojiyo		Nov 5 (Fri)	13:15~13:30
Oda		Nov 11 (Thur)	14:20~14:30
Yamaguchi		Nov 18 (Thur)	13:50~14:00
Kukizaki	Sakuoka	Oct 28 (Thur)	14:40~14:55
	Sugama	Nov 17 (Wed)	15:00~15:15
	Kukizaki Daiichi	Oct 26 (Tue)	13:15~13:45
	Kukizaki Daini	Oct 27 (Wed)	14:15~14:30
	Kukizaki Daisan	Oct 27 (Wed)	13:30~13:50

Clinics Open During Sundays and Holidays

Oct 17 Shouji Sanfujinka Shounika Iin, Yatabe 1562, TEL:836-0405

Namiki Naika Clinic, Namiki 4-4-2-203, TEL:869-6969

Oct 24 Jinai Naika Iin, Onozaki 785-1, TEL:855-4577

Takezono SC Clinic, Takezono 3-18-2, TEL:851-4635

Oct 31 Komatsu Naika Clinic, Kamiyokoba 1178, TEL:838-2400

Ichihara Byouin, Oozono 3681, TEL:864-0303

Nov 3 Kikuchi Naika Clinic, Yatabe 5915, TEL:839-5070

Tsukuba Byouin, Sasagi 1761, TEL:855-0777

Nov 7 Jinai Naika Iin, Onozaki 785-1, TEL:855-4577

Terasaki Clinic, Yoshinuma 1437-1, TEL:865-0034

Nov 14 Tsukuba Hakua Clinic, Mase 918-1, TEL:837-0208

Houjyou Iin, Hanabatake 3-28-8, TEL:864-0006

Nov 21 Tougou Iin, Tateno 636, TEL:837-1785

Tsukuba Kinen Byouin, Kaname 1187-299, TEL:864-1212

Nov 23 Hayashi Clinic, Inarimae 5-6, TEL:859-0550

Nakagawa Iin, Shinozaki 2272-1, TEL:864-7760

Nov 28 Higashi Geka Naika Iin, Higashi 2-26-16, TEL:856-7070

Mina no Clinic, Nishihiratsuka 318-1, TEL:850-4159



Fertility Consultation and Treatment

Fertility Special Consultation Center

Fertility consultation is free of charge. Reservation by phone. Individual consultation is conducted so please feel free to discuss on all matters.

Place, Date & Time: Central Prefecture: Ibaraki, Sannomaru Chosha [Mito City, Sannomaru 1-5-38] 2nd & 3rd Thursdays 17:00~20:00, 1st & 4th Sundays 14:00~17:00; South Prefecture: Ibaraki, Kennan Life Long Learning Center [Tsuchiura City Yamato-Cho 9-1 Urara Building 5F] 1st & 3rd Thursdays 18:00 ~ 21:00, 2nd & 4th Sundays 9:00 ~ 12:00

Reservation time: Mon ~ Fri, 9:00 ~ 12:00, 13:00 ~ 15:00;

Reservation period: Reserve by Tues for consultation on Thurs; Reserve by Thurs for Sun. Application: Ibaraki Gynecologist Medical Association, Tel: 029-241-1130 Inquiries: Tsukuba City, Health Division.

Subsidy for Fertility Treatment

Treatment fee will be partially subsidized. For details, contact Tsukuba City Hall, Health Division, or Tsukuba Health Center, Tel: 029-851-9287

Events in Tsukuba City

Events in Tsukuba City

Let's experience the abundance of autumn events!



Tsukuba Monogatari 2010

The theme of this event is based on the thousand year history and culture of the remains of Hirasawa Kanga.

Date & Venue: October 30th (Saturday), Remains of Hirasawa Kanga Square (Hirasawa 353) Contact: Tsukuba City Hall, Tourism Division

Mount Tsukuba Autumn Festival 2010

There are many individual festivals held in more than 40 regions around the Mount Tsukuba. Free tour bus around the base of Mount Tsukuba available.

Date & Venue: Oct 30th (Sat) – Nov 7th (Sun), Mount Tsukuba and around its base. Contact: Tsukuba City Commerce and Industry Association, Tel: 029-867-0343, *10:00~16:00



Mount Tsukuba at Night ~ Stardust Cruising

Go up to the peak of Tsukuba Mount by the ropeway to enjoy the night-scape. Date: Oct – Nov: every Sat, Sun & holiday, Dec – Jan: Fri, Sat, Sun & holidays, except New Year's Day and stormy weathered day.

Operation Time: 17:00 – 21:00 (20 mins interval)

Fee: Adult round trip 1000yen (Free for children under elementary schooling age)

Contact: Tsukuba Tourism & Convention Bureau, Tel: 029-869-8333; Ropeway Tsutsujigaoka Station, Tel: 029-866-0945

Hiking at Base of Mount Tsukuba and Tangerine (mikan) Picking

Date & Time: Nov 7th (Sun) 8:30 *reschedules to Nov 14th (Sun) in case of rain. Meeting venue: Mount Tsukuba Bairin parking area

Application, Contact: Tsukuba Sports Promotion Division, Tsukuba Amateur Sports Association, 305-8555, Karima 2530-2, Tel: 029-854-8511, Fax: 029-854-8531, Contact on the day of event: 090-9323-5342 (Okubo-san)

Tsukuba Science Festival 2010

See the wonders and discoveries of science!

Venue: Tsukuba Capiro (Takezono 1-10-1)

Contact: Tsukuba City Hall, School Guidance Division

Tsukuba Environmental Festival 2010

Let's tell the next generation about our Earth!

Venue: Tsukuba Capiro North Square (Takezono 1-10-1)

Contact: Tsukuba City Hall, Environmental Policy Division

Date: Oct 30th (Sat) – 31st (Sun); 10:00 – 16:00, free entrance



Chuo Library 20th Anniversary Memorial Speech and Talks Festival

1. Memorial Speech [Rose-colored Life ~ Witch Lady Story Book Recommendation] Date & Time: Oct 30th (Sat) 13:30 – 15:00, Venue: ARS hall (Chuo Library 2F)

2. Talking Festival Date & Time: Oct 31st (Sun); 9:30 – 17:00

Venue: ARS Hall, Assembly Room, Japanese-style room (Chuo Library 2F), Chat room and others.

Open: Tue – Fri, 9:30 ~ 19:00 Sat/Sun/Public Holidays 9:30 – 17:00

Close on: Oct 18,25,28; Nov 1,8,15,22,23,29

Contact: Chuo Library [TEL] 029-856-4311

H22 Tsukuba City Cultural Festival

In this event, there are many exhibition and presentation of arts and cultural projects made by citizens.

Date & Time: Nov 6th (Sat), 7th (Sun); 9:00 ~ 16:00

Contact: Tsukuba City Hall, Life Long Learning Division



Places to Visit Outside Tsukuba

Let's go to some great autumn color viewing spots in Ibaraki Prefecture!

1. Mount Tsukuba

Momiji (Maple) Festival will be held in November. Best Viewing Period: Early to mid November

2. Fukuroda Falls

One of the 3 most famous waterfalls in Japan. Best Viewing Period: Early till end of November

3. Ryujin Big Suspension Bridge

Located in Hitachi Ota City, it is the biggest suspension bridge in Honshu Japan. Viewing Period: Early to End of November *2 & 3 are 30 mins apart by car, both with free parking space.

3rd Daytime Japanese Course Available

This Japanese Course is for foreigners (living or working in Tsukuba, and their family members) to learn useful Japanese Language in daily lives. Beginners and people who have learnt the language before are welcomed.

Class: Nihongo 1 – For beginner who has not learnt the language before Nihongo 3 – For people who have studied Japanese for more than 100 hours, understands Noun Modifier (Meishi Shushokugo) and can write in Hiragana and Katagana.

Date & Time: Nov 4th 2010 (Thurs) – March 3rd 2011 (Weds), Every Wednesday, 16 lessons from 10:00 ~ 12:00 Place: Tsukuba Science Information Center (Azuma 1-10-1) No. of Participants: 15 students per class.

Course Fee: 6000 yen for newcomers, 5000 yen for continuing students. Material Cost: must be paid on the first lesson.

Application Method: Fill in the application form and submit it to the Tsukuba International Association.

Contact: Tsukuba Cultural Foundation (Tsukuba International Association), 305-0032 Takezono 1-10-1. TEL: 029-869-7675 Fax: 029-851-9797, Email: zaidan@tsukubacity.or.jp *Download application from and time table from: http://www.tsukubacity.or.jp/inter/Japanese.html

New-type Influenza Vaccination Has Started

About the new type of influenza vaccination this season

There are 3 types of vaccination provided as followed:

- 3-types Vaccine – A/H3N2 & B type (seasonal), A/H1N1 (New type)
- 1-type Vaccine – A/H1N1 (New type)
- Imported 1-type Vaccine – A/H1N1 (New type)



Frequency of Injection: Children under age 12 – Two times, person above age 13 – Once or twice when prescribed by doctor.

Eligibility: people of all ages

Vaccination Period: Oct 1st 2010 (Friday) to March 31st 2011 (Thurs)

Vaccination Fee: On own expenses *Varies for each medical institution, therefore please inquire about the fee while making reservation

*Please receive the injection when you are healthy else health consultation fee will be charge if one has fever and hinders the vaccination process.

*The cost of respective vaccines is the same.

*Vaccines are free of charge for welfare recipient and household exempted from residential taxation (refer to 'Aid for Vaccination')

Place for Vaccination: Visit the nearest medical institutions for injection. *Please make reservation.

Things to bring: Health Insurance Card, Mother and Child Health Handbook for children, payment for vaccination, necessary documents (for welfare recipient and household exempted from residential taxation).

Influenza Vaccination for the Elderly

Eligibility: people with resident or alien registration in Tsukuba City who are age 65 and above on the day of vaccination, or age 60 to 64 with difficulties in daily activities due to weakened functions of heart, kidney or respiratory system, or who are low self-immune due to HIV infection.

*A doctor's judgment is needed to be categorized as the latter group.

Place for Vaccination: Visit the nearest medical institutions for injection. *Please make reservation *Do make inquiry for injection out of prefecture.

*If the 3-types Vaccine is received, a partial subsidy of 2000yen will be provided by the city. This does not apply for 1-type vaccine.

*The fee for injection may differ for medical institution outside the city.

Aid for Vaccination

Eligibility: welfare recipient and household exempted from residential taxation. Necessary Documents: Welfare Recipient – Copy of Welfare Reception Certificate (2 copies for 2 injections). Household Exempted from Residential Taxation – Residential Tax Exemption Certificate (obtained from Municipal Tax Division or General Service Counters with 200yen processing fee). *For the elderly, the vaccination will be free of charge if the necessary documents are presented to the medical institution. For others, vaccination is free within the city if the documents are presented. For outside of the city, please pay for the injection then do the required procedures in November, which will be published in November Bulletin.

Points for Prevention of Infection

- daily personal health management
- Be thorough with rinsing your mouth, washing hands, practicing cough etiquette and wearing mask.
- Prepare unwoven cloth mask for this autumn and winter.
- Receive vaccination.

Contact: Tsukuba City Hall, Health Division or Sakura Health Center Tel: 029-857-3931